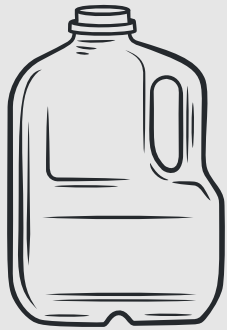


KITCHEN CONVERSIONS

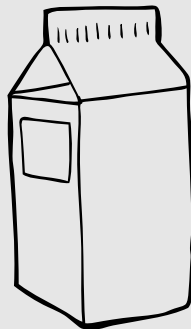
1 Gallon is...



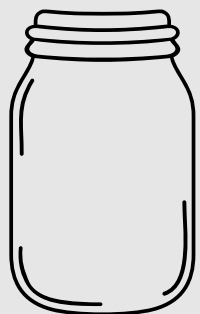
- 4 quarts
- 8 pints
- 16 cups
- 128 fluid ounces

1 Quart is...

- 1/4 gallon
- 2 pints
- 4 cups
- 32 fluid ounces



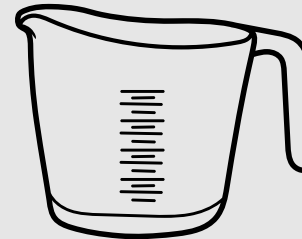
1 Pint is...



- 1/8 gallon
- 1/2 quart
- 2 cups
- 16 fluid ounces

KITCHEN CONVERSIONS

1 Cup is...



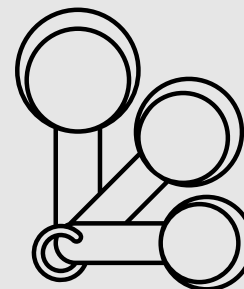
- 8 liquid ounces
- 16 tablespoons
- 48 teaspoons
- 240 milliliters

1 Tablespoon is...

- 1/2 fluid ounce
- 3 teaspoons
- 15 milliliters



1 Teaspoon is...



- 1/6 fluid ounce
- 5 milliliters
- 8 dashes
- 16 pinches